

Cleansing for Better Health

Medical professionals agree that maintaining a clean gastrointestinal (GI) tract is very important because it helps our bodies break down and utilize our foods more efficiently, improves nutrient absorption and removes harmful toxins from our bodies. A complete gastrointestinal cleanse is recommended once every six months and can be accomplished with 4Life's Fibre System Plus, but to help maintain GI health during the intervening months, you can count on Tea4Life.

Tea4Life is formulated with a synergistic blend of herbs to rejuvenate and invigorate your body, helping to bring back and maintain its natural state of good health and balance. This delicious apple-cinnamon tea is primarily intended for intestinal maintenance but also supports proper nutrient absorption and a stronger immune system. Important ingredients include: senna leaf, stevia leaf, buckthorn bark, ginger, astragalus root, green tea and echinacea.

Key Points

- **Cleansing and Balancing:** We require our bodies to perform at increasingly higher and higher levels, with unhealthy diets, stressful and busy lives, and inadequate amounts of sleep and exercise. Maintaining a clean and healthy gastrointestinal tract is one way to keep your body in balance and functioning at its optimum level.
- **Nutrient Absorption:** The majority of nutrients received from food and supplements are absorbed in the intestines. By maintaining a clean intestinal tract our bodies will improve their ability to absorb nutrients on a daily basis. In addition, cleansing is an essential step during weight management programs to maintain absorption of key nutrients that aid in weight loss.

Did you know?

The gastrointestinal tract includes the small and large intestines, along with the stomach. The gastrointestinal tract digests food, provides nutrients to the body and removes waste from the body.

Toxins are substances that accumulate in the body and can cause potential harm. Symptoms of "toxicity" can include conditions such as: headaches, fatigue, digestive problems and allergies.

Technical Points

- Senna leaf and buckthorn bark help to relieve constipation and promote the cleansing of harmful toxins in the body.*
- Herbs like echinacea and astragalus provide important support to the immune system. Specifically, echinacea may support white blood cell production and astragalus can help activate the body's natural immune strength.*
- Ginger aids the digestive process in the body, working to help move substances through the gastrointestinal tract. Ginger may also help to alleviate nausea, vomiting and diarrhea.*



DIRECTIONS: HOT TEA – Place one tea bag in your mug. Add boiling water and let it steep for 4-6 minutes.

Serving Size: One (1) Teabag
Servings Per Container: 30

Supplement Facts

Amount Per Serving	DV%
Proprietary Blend	2 g
Senna (<i>Cassia acutifolia</i>) (leaf)	*
Stevia (<i>Stevia rebaudiana</i>) (leaf)	*
Cinnamon (<i>Cinnamomum cassia</i>) (leaf)	*
Buckthorn (<i>Rhamnus cathartica</i>) (bark)	*
Ginger (<i>Zingiber officinale</i>) (root)	*
Natural Apple Flavor	*
Orange Peel (<i>Citri sinensis pericarpium</i>)	*
Green Tea (<i>Camellia sinensis</i>) (leaf)	*
Bitter Orange (<i>Citrus aurantium</i>) (fruit)	*
Echinacea (<i>Echinacea angustifolia</i>) (leaf)	*
Rooibos (<i>Aspalathus linearis</i>) (leaf)	*
Astragalus (<i>Astragalus membranaceus</i>) (root)	*

*Daily Value not established.

NOTICE: This product contains senna leaf and buckthorn bark. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain. Consult your physician if you have frequent diarrhea. If you are pregnant, nursing, taking medication or have a medical condition, consult your physician before using this product.

Tea4Life has been specially formulated to provide a soothing cleansing action that improves nutrient absorption, promotes healthy bowel transit time and returns your body to its natural state of good health and balance.

IMPORTANT: The serving size recommended (one tea bag) is the suggested amount to be consumed by the average adult per day. Some individuals may require less, or additional tea to achieve the desired benefits. 4Life recommends that you start slowly, and increase the amount consumed as needed.

In general, the cleansing action takes place within 4-6 hours after consumption. 4Life recommends you drink the tea after dinner, but anytime of the day is acceptable. Some individuals may experience some slight cramping during the first few uses. This is due to the initial cleansing that is occurring.

Ordering Information

Item # 13004 - 30 bags

Item # 13005 - 12 for the price of 11