

RiteStart® Women

ALL-IN-ONE NUTRITION FOR WOMEN



RiteStart—Exclusive Anti-Aging Pack for Women

RiteStart Women from 4Life is a combination of nutrients like no other. Named for the exact purpose it provides...a *RiteStart* for your day, for your health and for your life . . . this product is designed to help you look and feel great, and have the energy and immune support you need to achieve your life-goals. It represents one of the best immune products available today and makes designing a comprehensive wellness program—simple.

Like the foundation of a house, this all-in-one women's pack provides the base from which to build a healthy life. Specifically designed with women's health in mind, RiteStart Women is far more than a daily multivitamin and mineral supplement. It features the 4Life Transfer Factor Plus® Advanced Formula to effectively support your immune system in addition to a proprietary Women's Health Blend, exclusively developed to meet the needs of the female body. Its complete formula, which also includes essential fatty acids, full-spectrum antioxidant power AND additional essential nutrients, makes RiteStart one of the best and most unique wellness product available today.

Key Points

- **Specific Nutrition for Women:** Men's and women's bodies are different, and thus have different needs. RiteStart Women features nutrients that support wellness in areas where females need it most. Calcium, magnesium and isoflavones for bone health, soy isoflavones for healthy hormone balance and a perfect balance of vitamins, minerals and antioxidants specific for optimum female health.
- **4Life Transfer Factor Plus Advanced Formula:** This advanced formula provides far-reaching immune support. It combines the synergistic power of 4Life Transfer Factor Advanced Formula with the proprietary Cordyvant blend to support overall good health. Recent scientific studies report that this Advanced Formula boosts immune system activity 437 percent above normal immune response.¹
- **Essential Fatty Acids:** Essential Fatty Acids (EFAs) are vital to your body and must be supplied through food or supplementation. EFAs are required to support healthy cellular production and blood pressure levels. They also support healthy joints and flexibility as well as healthy mental development and acuity.*
- **Antioxidant Protection:** Each packet provides a great source of antioxidants. RiteStart features multiple antioxidants including vitamins A, C and E, OPC (pycnogenol) sources such as pinebark and grapeseed extracts and other sources such as bilberry, lutein, CoQ10, alpha-lipoic acid and zinc. A well-rounded product like RiteStart provides optimum health support.
- **Life C:** Exclusive to 4Life, this multi-form of vitamin C provides maximum benefits. Are all vitamin C's equal? No way! Life C contains seven forms of vitamin C that are absorbed into your cells efficiently, providing increased health support.*
- **Hyaluronic Acid:** Found abundantly in cartilage and synovial fluid when we are young, Hyaluronic Acid's main function in the body is to cushion and lubricate the joints. Over time, our bodies produce less and less Hyaluronic Acid.

Did you know?

Transfer factors are tiny molecules that transfer immunity information from one entity to another, such as between a mother and her infant who she breastfeeds. Transfer factors educate your immune system, thus supporting the recognition phase of an infection. This provides the necessary support for the immune system to be able to remember healthy immune function.

Survey's conducted by the National Institute of Health show that 75% of Americans do not consume the recommended daily intake of the 23 essential vitamins and minerals.

Calcium d-Glucarate assists the body in removing toxins, a process called detoxification.

Technical Points

- Contains 25 vitamins and minerals, 4Life Transfer Factor Plus, Essential Fatty Acids, full-spectrum Antioxidants, Calcium d-Glucarate, Soy Isoflavones and other essential nutrients.
- Lutein is a powerful antioxidant shown to help support eye health.
- Coenzyme Q10 plays a crucial role in the generation of cellular energy and healthy circulation. In addition, this powerful antioxidant plays a significant immunological role that supports the cardiovascular system.*
- RiteStart is protected in part by 17 U.S. and International Patents.



DIRECTIONS: Take two (2) packets daily. Take each packet with 8 oz of fluid and with morning and evening meals.

Serving Size: One (1) Packet
Servings Per Container: 60

Supplement Facts

Amount Per Packet	%DV*
Vitamin A (as 25% retinyl palmitate and 75% as beta-carotene)(from <i>Blakeslea trispora</i> extract)	5,000 IU 100%
Vitamin C (Life C® as calcium ascorbate, ascorbic acid, ascorbyl palmitate, erythorbic acid, magnesium ascorbate, dehydroascorbic acid, ascorbigen)	250 mg 417%
Vitamin D (as cholecalciferol)	200 IU 50%
Vitamin E (as d-alpha tocopheryl acetate, including alpha, beta, gamma, delta, gamma tocopherols)	108 IU 360%
Vitamin K (phytonadione)	13 mcg 16%
Thiamin (as thiamin mononitrate)	2-mg 133%
Riboflavin	2 mg 118%
Niacin (as niacinamide)	13 mg 63%
Vitamin B6 (as pyridoxine hydrochloride)	3 mg 63%
Folate (as folic acid)	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	9 mcg 150%
Biotin (d-biotin)	150 mcg 50%
Pantothenic Acid (as d-calcium pantothenate)	13 mg 130%
Calcium (as calcium carbonate, calcium amino acid chelate, calcium citrate)	550 mg 55%
Iron (as iron amino acid chelate)	9 mg 50%
Iodine (as potassium iodide)	38 mcg 25%
Magnesium (as magnesium oxide, magnesium amino acid chelate)	200 mg 50%
Zinc (as zinc amino acid chelate, monomethionine)	13 mg 83%
Selenium (as l-selenomethionine)	35 mcg 50%
Copper (as copper amino acid chelate)	0.5 mg 25%
Manganese (as manganese amino acid chelate)	1 mg 50%
Chromium (as chromium amino acid chelate)	120 mcg 100%
Molybdenum (as molybdenum amino acid chelate)	20 mcg 27%
Boron (as boron citrate)	1 mg **
Vanadium (as bis (glycinato) oxovanadium)	10 mcg **
4Life Transfer Factor Plus®	150 mg **
<i>Transfer Factor E-XF™</i> A patented concentrate of transfer factors and other natural components from cow colostrum and egg yolk.	
Cordyvant™ Proprietary Polysaccharide Complex	440 mg **
*IP-8 (inositol hexaphosphate)	
Soya Bean Extract (phytoesterols)	
Cordyceps sinensis (7% cordycepic acids)	
Beta-Glucan (from baker's yeast)(<i>Saccharomyces cerevisiae</i>)	
Beta-Glucan (from oat)(<i>Avena sativa</i>)	
Agaricus blazei Extract	
Mannans (from <i>Aloe vera</i>)(leaf)	
Olive Leaf Extract (<i>Olea europaea</i>)	
Maitake Mushroom (<i>Grifola frondosa</i>)(whole plant)	
Shiitake Mushroom (<i>Lentinus edodes</i>)(whole plant)(5:1 extract)	
Essential Fatty Acids (EFAs)	
Alpha Linolenic Acid (ALA)(from organic flax seed oil) (<i>Linum usitatissimum</i>)(seed)	138 mg **
Gamma Linolenic Acid (GLA)(from borage seed oil) (<i>Borago officinalis</i>)(seed)	35 mg **
Eicosapentaenoic Acid (EPA)(from fish oil)	33 mg **
Docosahexaenoic Acid (DHA)(from fish oil)	22 mg **
Conjugated Linoleic Acid (CLA)(from safflower oil) (<i>Helianthus annuus</i>)(seed)	122 mg **
Proprietary OPC Blend (Oligomeric Proanthocyanidins) 50 mg **	
Grapeseed Extract (with Oligomeric Proanthocyanidins)(<i>Vitis vinifera</i>)(seed)	
Pinebark Extract (with Oligomeric Proanthocyanidins)(<i>Pinus maritima</i>)(bark)	
Proprietary Antioxidant Blend 55 mg **	
Lutein and Zeaxanthin (<i>Tagetes erecta</i>)(petals)	
Bilberry (25% anthocyanidins)(<i>Vaccinium myrtillus</i>)(fruit)	
Coenzyme Q10	
Alpha Lipoic Acid	
Catechins (<i>Camellia sinensis</i>)(leaf)	
Rutin	
Women's Health Blend 180 mg **	
Soy Isoflavones (including concentrations of genistein and genistin)(from soy extract)(<i>Glycine max.</i>)(seeds)	
Quercetin	
Sulforaphane (from broccoli)(<i>Brassica oleracea</i>)(sprout)	
Curcumin (from turmeric)(<i>Curcuma longa</i>)(root)	
Diindolyl Methane (DIM)	
Ipriflavone	
Proprietary Blend (OTHER ANTI-AGING NUTRIENT SUPPORT) 61 mg **	
Glucosamine Hydrochloride	
Calcium d-Glucarate	
N-Acetyl Cysteine	
Ginkgo biloba (leaf)(24% ginkgo flavone glycosides, 6% terpene lactones)	
Hyaluronic Acid	
Tocotrienols (from palm oil)	

*Reference Daily Intake (RDI)
**Daily Value (DV) not established

Ordering Information

Item # 27001
60 packets / 30-day supply

RiteStart[®] Men

ALL-IN-ONE NUTRITION FOR MEN



RiteStart—Exclusive Anti-Aging Pack for Men

RiteStart Men from 4Life is a combination of nutrients like no other. Named for the exact purpose it provides...a *RiteStart* for your day, for your health and for your life . . . this product is designed to help you look and feel great, and have the energy and immune support you need to achieve your life-goals. It represents one of the best immune products available today and makes designing a comprehensive wellness program—simple.

Like the foundation of a house, this all-in-one men's pack provides the base from which to build a life of better health. Specifically designed with men's health in mind, RiteStart Men is far more than a daily multivitamin and mineral supplement. It features the 4Life Transfer Factor Plus[®] Advanced Formula to effectively support your immune system in addition to a proprietary Men's Health Blend, exclusively developed to meet the needs of the male body. Its complete formula, which also includes essential fatty acids, full-spectrum antioxidant power **AND** additional essential nutrients, makes RiteStart one of the best and most unique wellness product available today.

Key Points

- **Specific Nutrition for Men:** Men's and women's bodies are different, and thus have different needs RiteStart Men features nutrients that promote a healthy prostate along with a perfect balance of vitamins, minerals and antioxidants specific for optimum male health.
- **4Life Transfer Factor Plus Advanced Formula:** This advanced formula provides far-reaching immune support. It combines the synergistic power of 4Life Transfer Factor Advanced Formula with the proprietary Cordyvant blend to support overall good health. Recent scientific studies report that this Advanced Formula boosts immune system activity 437 percent above normal immune response.¹
- **Essential Fatty Acids:** Essential Fatty Acids (EFAs) are vital to your body and must be supplied through food or supplementation. EFAs are required to support healthy cellular production and blood pressure levels. They also support healthy joints and flexibility as well as healthy mental development and acuity.*
- **Antioxidant Protection:** Each packet provides a great source of antioxidants. RiteStart features multiple antioxidants including vitamins A, C and E, OPC (pycnogenol) sources such as pinebark and grapeseed extracts and other sources such as bilberry, lutein, CoQ10, alpha-lipoic acid and zinc. A well-rounded product like RiteStart provides optimum health support.
- **Life C:** Exclusive to 4Life, this multi-form of vitamin C provides maximum benefits. Are all vitamin C's equal? No way! Life C contains seven forms of vitamin C that are absorbed into your cells efficiently, providing increased health support.*
- **Hyaluronic Acid:** Found abundantly in cartilage and synovial fluid when we are young, Hyaluronic Acid's main function in the body is to cushion and lubricate the joints. Over time, our bodies produce less and less Hyaluronic Acid.

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Survey's conducted by the National Institute of Health show that 75% of Americans do not consume the recommended daily intake of the 23 essential vitamins and minerals.

Calcium d-Glucarate assists the body in removing toxins, a process called detoxification.

Technical Points

- Contains 25 vitamins and minerals, 4Life Transfer Factor Plus, Essential Fatty Acids, full-spectrum Antioxidants, Calcium d-Glucarate, Soy Isoflavones and other essential nutrients.
- Lutein is a powerful antioxidant shown to help support eye health.
- Coenzyme Q₁₀ plays a crucial role in the generation of cellular energy and healthy circulation. In addition, this powerful antioxidant plays a significant immunological role that supports the cardiovascular system.*
- RiteStart is protected in part by 17 U.S. and International Patents.

1. Blind study conducted by Dr. Anatoli Vorobiey, Head of Immunology, at the Russian Academy of Medical Science. Cancer containing cells were subjected to Cytotoxicity testing. Samples containing 4Life Transfer Factor from cow and egg sources were tested individually and in blended forms for incubation periods of 24 and 48 hours to determine the most beneficial combination and activation time.

Ordering Information

Item # 26501
60 packets / 30-day supply



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Serving Size: One (1) Packet
Servings Per Container: 60

Supplement Facts

Amount Per Packet		%DV*
Vitamin A (as 25% retinyl palmitate and 75% as beta carotene (from <i>Blakeslea trispora</i> extract)	5,000 IU	100%
Vitamin C (Life C [®] as calcium ascorbate, ascorbic acid, ascorbyl palmitate, erythorbic acid, magnesium ascorbate, calcium/dehydroascorbic acid, ascorbigen)	250 mg	417%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl acetate, including alpha, beta, gamma, delta, gamma tocopherols)	108 IU	360%
Vitamin K (phytonadione)	13 mcg	16%
Thiamin (as thiamin mononitrate)	2 mg	133%
Riboflavin	2 mg	118%
Niacin (as niacinamide)	13 mg	63%
Vitamin B6 (as pyridoxine hydrochloride)	3 mg	150%
Folate (as folic acid)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	9 mcg	150%
Biotin (d-biotin)	150 mcg	50%
Pantothenic Acid (as d-calcium pantothenate)	13 mg	130%
Calcium (as calcium carbonate, calcium amino acid chelate, calcium citrate)	163 mg	16%
Iron (as iron amino acid chelate)	5 mg	28%
Iodine (as potassium iodide)	38 mcg	25%
Magnesium (as magnesium oxide, magnesium amino acid chelate)	50 mg	13%
Zinc (as zinc amino acid chelate, monomethionine)	20 mg	133%
Selenium (as l-selenomethionine)	100 mcg	143%
Copper (as copper amino acid chelate)	0.5 mg	25%
Manganese (as manganese amino acid chelate)	1 mg	50%
Chromium (as chromium amino acid chelate)	120 mcg	100%
Molybdenum (as molybdenum amino acid chelate)	20 mcg	27%
Boron (as boron citrate)	1 mg	**
Vanadium (as bis [glycinate] oxovanadium)	10 mcg	**
4Life Transfer Factor Plus[®]	150 mg	**
A patented concentrate of transfer factors and other natural components from cow colostrum and egg yolk		
Cordyvant[™] Proprietary Polysaccharide Complex 440 mg		**
IP-6 (inositol hexaphosphate)		
Soya bean Extract (phytosterols)		
Cordyceps sinensis (7% cordyceptic acids)		
Beta-Glucan (from baker's yeast) (<i>Saacharomyces cerevisiae</i>)		
Beta-Glucan (from Oat) (<i>Avena sativa</i>)		
Agaricus blazeii Extract		
Mannans (from <i>Aloe vera</i>) (leaf)		
Olive Leaf Extract (<i>Olea europaea</i>)		
Maitake Mushroom (<i>Grifola frondosa</i>) (whole plant)		
Shiitake Mushroom (<i>Lentinus edodes</i>) (whole plant) (5:1 extract)		
Essential Fatty Acids (EFAs)		
Alpha Linolenic Acid (ALA) (from organic flax seed oil) (<i>Linum usitatissimum</i>) (seed)	138 mg	**
Gamma Linolenic Acid (GLA) (from borage seed oil) (<i>Borago officinalis</i>) (seed)	35 mg	**
Eicosapentaenoic Acid (EPA) (from fish oil)	33 mg	**
Docosahexaenoic Acid (DHA) (from fish oil)	22 mg	**
Conjugated Linoleic Acid (CLA) (from sunflower seed oil) (<i>Helianthus annuus</i>) (seed)	122 mg	**
Proprietary OPC Blend (Oligomeric Proanthocyanidins) 50 mg		
Grape Seed Extract (with Oligomeric Proanthocyanidins) (<i>Vitis vinifera</i>) (seed)		
Pinebark Extract (with Oligomeric Proanthocyanidins) (<i>Pinus maritima</i>) (bark)		
Proprietary Antioxidant Blend 68 mg		
Lutein and Zeaxanthin (<i>Tagetes erecta</i>) (pedals)		
Bilberry (25% anthocyanidins) (<i>Vaccinium myrtillus</i>) (fruit)		
Coenzyme Q10		
Alpha Lipoic Acid		
Catechins (<i>Camellia sinensis</i>) (leaf)		
Rutin		
Men's Health Blend 116 mg		
Soy Isoflavones (including concentrations of genistein and genistin) (from soy extract) (<i>Glycine max</i>) (seeds)		
Sulforaphane (from broccoli) (<i>Brassica oleracea</i>) (sprout)		
Diindolyl Methane (DIM)		
Quercetin		
Curcumin (from turmeric) (<i>Curcuma longa</i>) (root)		
Lycopene (<i>Lycopersicon esculentum</i>) (fruit)		
Proprietary Blend (OTHER ANTI-AGING NUTRIENT SUPPORT) 61 mg		
Glucosamine Hydrochloride		
Calcium d-Glucarate		
N-Acetyl Cysteine		
Ginkgo biloba (leaf) (24% ginkgo flavon glycosides, 6% terpene lactones)		
Hyaluronic Acid		
Tocotrienols (from palm oil)		

* Reference Daily Intake (RDI)

** Daily Value (DV) not established