

# Male Formula

ADVANCED NUTRITION FOR MEN



## Promoting Health and Energy for Today's Man

Today's men are looking for products that enhance their lives in everything they do. Increased energy, strength, endurance, health and sexual function often top the male list of needs for dietary support.

The quest for health and vitality begins now with proactive decisions regarding diet, exercise, stress management and quality nutritional supplementation. And, to help support your commitment to a long, full and active life, you can count on 4Life®.

Male Formula is an effective nutritional 4Life supplement just for men! This propriety formula includes scientifically-studied saw palmetto, selenium and zinc, along with DHEA and other nutrients shown to promote male endocrine system health. Carefully selected, these ingredients provide antioxidant protection, basic prostate support and healthy hormone levels.

## Key Points

- **Basic Prostate Support:** Saw palmetto and pygeum have been studied and used extensively throughout Europe to promote prostate health. Now their healthful benefits are becoming widely known throughout the United States. Research indicates that saw palmetto may work to support prostate health by inhibiting dihydrotestosterone, a form of testosterone believed to contribute to prostate enlargement. Saw palmetto and pygeum have also been noted for their positive effects on urinary health and function, and healthy energy levels. Further support is offered through the addition of zinc, a mineral used for decades as an essential element of prostate and stress management support.
- **Antioxidant Protection:** The antioxidant benefits of selenium and vitamin E are blended in this effective formula to provide protection from free radicals that cause oxidative damage to body cells and tissue. The Journal of Urology has reported on the effective health benefits of each of these nutrients in regard to prostate health.
- **Healthy Hormone Levels:** Healthy hormone levels are important to proper sexual function, mood management and overall well-being. Male Formula's combination of ingredients helps support health hormone levels in the body and promote healthy hormone production. DHEA is a naturally occurring hormone, produced by the adrenal gland. It serves as the base from which essential hormones such as testosterone, progesterone, estrogen and cortisol are derived. In addition, this proprietary formula offers valuable support for healthy sexual function, energy and strength with remarkable herbs such as tribulus terrestris, broccoli powder extract and Korean ginseng.

## Did you know?

DHEA is the most abundant steroid hormone in the body. Natural production of DHEA declines with age in even the healthiest of people.

## Technical Points

- L-Arginine is a naturally occurring amino acid in the body that has been shown to support circulatory system health.
- Chrysin is the chemical name for a type of isoflavone molecule that has been shown to support healthy hormone balance and promote prostate health by minimizing the conversion of testosterone to either estrogen or dihydrotestosterone.



**DIRECTIONS:** Take one (1) capsule daily with 8 oz of fluid.

**Serving Size:** One (1) Capsule  
**Servings Per Container:** 30

## Supplement Facts

Amount Per Serving		%DV*
Zinc (as monomethionine)	10 mg	67%
Selenium (as l-selenomethionine)	35 mcg	50%
Saw Palmetto ( <i>Sereno repens</i> ) (40-45% fatty acids)	30 mg	**
Broccoli powder extract (contains 1,000 ppm sulforaphane and 10% dietary indoles)	66 mg	**
<i>Pygeum africanum</i> (2-3% phytosterols)	10 mg	**
<b>Proprietary Blend</b>	<b>309 mg</b>	<b>**</b>
<i>Tribulus terrestris</i> (herb)		
Dehydroepiandrosterone (DHEA)		
Korean Ginseng (30% ginsenosides)		
L-Arginine		
Chrysin		

\*Reference Daily Intake (RDI)

\*\*Daily Value (DV) not established

Other Ingredients: gelatin capsule, peppermint leaf.

## Ordering Information

Item # 22555 - 30 ct/bottle

Item # 22556 - 12 for the price of 11