

Flex4Life™ System



COMPREHENSIVE SUPPORT FROM CAPSULE AND CREAM

Flex4Life System

Freedom and ease of movement are important aspects of healthy joints and muscles. The body uses over 140 different joints to perform an infinite variety of movements. Limb by limb, joints frequently support the equivalent of six times the weight of your body in repetitive cycles of movement, making the need for special care of your joints a little easier to understand. Maintaining a healthy weight, exercising on a regular basis and receiving the right nutrients are a few ways in which you can help protect and promote overall joint health.

Cutting-edge science now offers effective answers to help us receive the nutrients needed to support joint health, and support mobility and flexibility. Flex4Life offers a comprehensive system for joint support inside and out. Synergistically formulated the topical cream helps joints from the outside yet provides effective nutrients with a powerful encapsulated formula to support healthy joints on the inside. The benefits of CetylFlex, glucosamine and chondroitin are uniquely blended in the Flex4Life System to promote overall joint health.

Key Points

- **CetylFlex™:** This proprietary blend, used in both the capsule and cream formula, has been shown to lubricate joints to support mobility and range of motion.
- **Supports Healthy Joints and Cartilage:** Two nutrients that top the list of natural compounds that help cartilage are glucosamine and chondroitin. Glucosamine is a form of amino sugar that has been shown to be effective in maintaining healthy cartilage and supporting joints. It is essential to producing the nutrients needed to stimulate the production of Synovial fluid: the fluid that lubricates your cartilage and keeps your joints healthy. Chondroitin is part of a large protein molecule that gives cartilage elasticity. It has been reported to support cartilage and the viscosity in joints.*

Did you know?

There are three main types of joints: fibrous, cartilaginous and synovial. Fibrous joints connect bones that do not allow for any movement, such as those in the skull and pelvis. Cartilaginous joints connect bones that are attached by cartilage. Synovial joints allow for the most movement and are lubricated by synovial fluid to allow for flexibility and healthy movement.

Glucosamine has been studied and researched for almost half a century for its effects in humans and has been shown in clinical studies to help support healthy cartilage.¹

Technical Points

- CetylFlex is a combination of edible oils frequently found in fish and other oils that have been specially processed to increase the level of desirable fatty acids and decrease the level of undesirable fatty acids.
- Flex4Life System does not contain: wheat, oats, corn, gluten, sugar, wax, egg, yeast, sulfates, phosphates, preservatives, casein or any other milk derivatives.

1. Archives of Internal Medicine. 162(18):2113-23, 2002 Oct 14.



Flex4Life Capsule

DIRECTIONS: Take three (3) capsules daily with food and 8 oz of fluid.

Serving Size: Three (3) capsules
Servings Per Container: 30

Supplement Facts

Amount Per Serving	%DV
CetylFlex™ (A proprietary blend of key fatty acid esters)	600 mg *
Glucosamine (as hydrochloride)	825 mg *
Chondroitin (as sulfate)	225 mg *

* Daily Value (DV) not established

Other Ingredient: gelatin capsule.

NOTICE: If you have an allergy to shellfish, consult a physician before taking this product.

Flex4Life Cream

DIRECTIONS: Apply Flex4Life cream onto affected area and massage into skin. Apply as necessary.

Ingredients

Purified water, saturated fatty acid cetyl ester, polyethylene glycol monostearate, glycerin, glycerol esters of fatty acids, benzyl alcohol, L-menthol, lecithin, carboxyvinyl polymer, peppermint extract, natural vitamin E, potassium hydroxide.

NOTICE: For external use only. Avoid contact with eyes. If contact occurs, rinse thoroughly with water. Discontinue use if redness appears. Consult a physician if irritation persists.

Ordering Information

Bottle

Item # 23501 - 90 ct/bottle

Item # 23502 - 12 for the price of 11

Cream

Item # 23503 - 2 oz tube

Item # 23506 - 12 for the price of 11

Flex4Life System

Item # 23510 - 1 - 90 ct/bottle
1 - 2 oz tube