

Digestive Enzymes & Probiotics

WITH ENZYGUARD-D®

4Life®

Exceptional Enzyme and Probiotic Support

Digestive Enzymes & Probiotics with EnzyGuard-D combines the action of digestive enzymes with the health benefits of probiotics to provide the body with the tools necessary for proper food digestion.

Digestive Enzymes & Probiotics contains effective plant-based enzymes to aid the body in the breakdown of proteins, sugars, carbohydrates and fats, facilitating improved daily nutrient absorption. Even the healthiest diet and supplementation plan requires proper digestion for optimum benefit.

4Life is unique in offering probiotics, or “good” bacteria, together with digestive enzymes. The level of “good” bacteria in the intestine needs to be maintained to enable continued nutrient absorption through the entire intestinal tract. 4Life is able to offer digestive enzymes and probiotics together because of a proprietary technology called EnzyGuard-D, a process which stabilizes probiotic activity, therefore increasing the shelf life considerably longer than similar products on the market.

Key Points

- **Digestive Enzymes:** Digestive Enzymes & Probiotics provides seven forms of digestive enzymes in a proprietary blend that promotes healthy digestion. Enzymes are protein molecules that are necessary for life and are naturally present in raw foods. However, in today’s society, poor diets don’t provide enough raw foods to get the enzymes needed for healthy digestion.
- **Probiotic Blend:** Probiotics are “friendly” or “good” bacteria that contribute to the health and balance of the intestinal tract. Millions of “good” bacteria exist in the body, which support healthy immune system function, promote healthy hormone levels and support cells and enzymes to strengthen overall digestive function.
- **EnzyGuard-D:** Products that contain either enzymes or probiotics have a short shelf life and often require refrigeration. EnzyGuard-D is 4Life’s proprietary technology developed to stabilize enzymes and probiotics during manufacturing, storage and activation. This technology allows probiotics to remain stable at room temperature.

Did you know?

Every time you eat, your salivary glands, stomach and small intestine release digestive enzymes to start the work of breaking down your food. Different enzymes do different jobs within the body. Proteases break down proteins; amylases break down carbohydrates; lipases help digest fats; and cellulases work on the process of digesting fiber.

Antibiotics attack all bacteria and do not distinguish between “good” and “bad” bacteria. This can seriously disrupt the balance of bacteria in the body and allow the “bad” bacteria to flourish.

A healthy digestive system contributes to your overall health by playing a key role in the elimination of toxins from the body and the proper assimilation of nutrients.

Technical Points

- Fructooligosaccharides (FOS) are compounds made up of fructose sugar molecules linked together in long chains. Jerusalem artichoke, a plant native to North America, provides a good dietary source of FOS. When digested, FOS can help the “good” bacteria grow and thrive, promoting digestive and immune system health.
- Specific enzymes help to break down specific food components. Four common enzymes are:
 - Protease* – breaks down proteins (found in milk, eggs, meats and beans).
 - Amylase* – breaks down carbohydrates and some sugars.
 - Lipase* – breaks down fats.
 - Cellulase* – breaks down cellulose, which makes up plant fibers and tissues.



DIRECTIONS: Take one (1) caplet three times daily with 8 oz of fluid.

Serving Size: One (1) Caplet
Servings Per Container: 90

Supplement Facts

| Amount Per Serving | | %DV |
|------------------------------------|------------------------|------|
| Vitamin C (as calcium ascorbate) | 60 mg | 100% |
| Proprietary Enzyme Blend | 221 mg | * |
| Amylase | | |
| Invertase | | |
| Glucoamylase | | |
| Proteases | | |
| Cellulase | | |
| Peptidase FP | | |
| alpha-Galactosidase | | |
| Lipase | | |
| Proprietary Probiotic Blend | 250 million CFU | * |
| Lactobacillus acidophilus | | |
| Lactobacillus casei | | |
| Bifidobacterium bifidum | | |
| Bifidobacterium longum | | |
| Lactobacillus plantarum | | |
| Lactobacillus reuteri | | |
| Proprietary Digestive Blend | 194 mg | * |
| Fructooligosaccharides (FOS) | | |
| Jerusalem Artichoke | | |
| Papaya | | |

*Daily Value (DV) not established

Other Ingredients: microcrystalline cellulose, maltodextrin, croscarmellose sodium, glucose polymers, magnesium stearate, silica and steric acid.

Ordering Information

Item # 23010 - 90 ct/bottle
Item # 23011 - 12 for the price of 11